

MENTAL HEALTH FIRST AID
For Adults Who Interact With Youth
2-Day Training – February 28 and March 1, 2018

MENTAL HEALTH FIRST AID is the help provided to a person developing a mental health problem or experiencing a mental health crisis.

Just as physical first aid is administered to an injured person before medical treatment can be obtained – **MHFA** is given until appropriate treatment is found or until crisis is resolved.

MHFA is an evidence-based program of the Mental Health Commission of Canada

www.mentalhealthfirstaid.ca

www.mentalhealthcommission.ca

This course is designed to:

- help adults recognize mental health issues in youth, and
- offer assistance to youth who may be experiencing a mental health crisis

<p>Facilitated By: Lori Claxton Youth Substance Use Counsellor MHFA-Youth Course Instructor 905-527-4469</p>	<p>Register By: February 21, 2018 Complete registration form and return with payment. ↪ We are unable to process credit card payments or refund fees paid. We apologize for any inconvenience this may cause. ↪ If a registered participant is unable to attend he/she may send an alternate.</p>
<p>Location: 8:30am-4:30pm Fortino’s Community Room 21 Upper Centennial Pkwy Stoney Creek, ON Google Maps</p>	<p>\$150/person includes: -14-hour Training Detailed Course Outline Here -Participant Manual -MHCC issued Certificate -light breakfast and lunch</p>

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REGISTRATION FORM

- Course:** Mental Health First Aid – For Adults Who Interact With Youth
- Location:** Fortino’s Community Room
 21 Upper Centennial Pkway, Stoney Creek
[Click here for location using Google Maps](#)
- Date:** February 28 and March 1, 2018
 8:30am – 4:30pm
- Cost:** \$150/person
- Payment is by cheque made payable to “Alternatives for Youth”
 - Please mail copy of this Registration Form, along with payment to:

Alternatives for Youth
 38 James Street South, 2nd Floor
 Hamilton, ON L8P 4W6
 - We regret that we cannot process credit card payments and apologize for any inconvenience this may cause
 - **Deadline for Registration is February 21, 2018**
 - Course fees are non-refundable
 - If a Registered Participant is unable to attend, he/she may transfer their registration to an alternate individual

Participant Information (One participant per form please)

Name:	
Agency:	
Position	
Contact Number:	
Email:	