

Mental Health First Aid: Adults Who Interact with Youth

2-Day (14-hour) Course
December 10th and 11th, 2018

CRISIS FIRST AID INTERVENTIONS FOR:

- ✓ Suicidal Behaviour
- ✓ Overdose
- ✓ Self-harm
- ✓ Acute Stress Reaction
- ✓ Panic Attacks
- ✓ Psychosis

TOPICS INCLUDE:

- ✓ Substance Related Disorders
- ✓ Mood Related Disorders
- ✓ Anxiety and Trauma Related Disorders
- ✓ Psychotic Disorders
- ✓ Eating Disorders
- ✓ Deliberate Self-Injury

MHFA Adults Who Interact with Youth is intended for an adult audience whose primary focus is youth (aged 14-25). Participants who take this course are well prepared to interact confidently about mental health with the young people in their lives, including at schools, extra-curricular activities, social services, family, friends, and communities.

Mental Health First Aid Canada is included on the **Public Health Agency of Canada's Best Practices Portal**

where it is classified as a best practice, meaning it has:

High Impact

High
Adaptability

High Quality of
Evidence

Location: Hamilton-Wentworth District School Board
20 Education Court, Hamilton ON
8:30am – 4:30pm

Registration Due Date: **December 3, 2018**

Cost: \$150 per person

- Paid by cash or cheque made payable to "Alternatives for Youth"
- Return registration form and payment to:
Alternatives for Youth
38 James St. South (2nd Floor), Hamilton ON, L8P 4W6

Facilitated by: Lori Claxton

Youth Substance Use Therapist
Registered Psychotherapist
MHFA-Youth Instructor
Email: lclaxton@ay.on.ca
Cell: 289-684-5426



**MENTAL HEALTH FIRST AID
Adults Who Interact With Youth
2-Day Training – December 10th and 11th, 2018
Registration Form**

- Course:** Mental Health First Aid: Adults Who Interact With Youth
- Location:** Hamilton Wentworth District School Board
20 Education Court, Hamilton ON
- Date:** December 10th and 11th, 2018
8:30am – 4:30pm
- Cost:** \$150/per person
- Payment is by cheque made payable to “Alternatives for Youth”
 - **Please mail copy of this Registration Form, along with payment to:**
Alternatives for Youth
38 James Street South, 2nd Floor
Hamilton, ON L8P 4W6
 - We regret that we cannot process credit card payments and apologize for any inconvenience this may cause
 - **Deadline for Registration is December 3, 2018**
 - **Course fees are non-refundable**
 - **If a Registered Participant is unable to attend, he/she may transfer their registration to an alternate individual (Please notify the Instructor)**

Participant Information (One participant per form please)

Name:	
Agency:	
Position	
Contact Number:	
Email:	
**Mailing Address:	

** Mailing Address will only be used in the event the workshop is cancelled. Cheques will be returned by mail to the address you provide. AY does not send out unsolicited mailers or share contact information.

